

**FOR BEST RESULTS THAW SANDWICH IN REFRIGERATOR BEFORE HEATING. HEAT THOROUGHLY TO 165°F BEFORE EATING. CONSUME REFRIGERATED SANDWICH WITHIN 10 DAYS FROM THAWING.**

**Microwave Cooking Instructions\***  
**THAWED**

- Vent packaging
- Place on microwave safe plate
- Microwave on HIGH for 55-65 seconds
- Rest 2 minutes. Enjoy!

**Microwave Cooking Instructions\***  
**FROZEN**

- Vent packaging
- Place on microwave safe plate
- Microwave on HIGH for 70-75 seconds
- Rest 2 minutes. Enjoy!

\*Cooking instructions are based on using a 1100 watt microwave oven. Additional time may be required for lower wattage ovens.

## Nutrition Facts

4 servings per container

**Serving size 1 Sandwich (68g)**

Amount per serving

**Calories 180**

% Daily Value\*

**Total Fat** 9g **12%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

**Cholesterol** 20mg **7%**

**Sodium** 290mg **13%**

**Total Carbohydrate** 16g **6%**

Dietary Fiber 1g **4%**

Total Sugars 2g

Includes 1g Added Sugars **2%**

**Protein** 7g

Vitamin D 0.1mcg 0%

Calcium 80mg 6%

Iron 1.1mg 6%

Potassium 70mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** DELI ROLL ([ENRICHED WHEAT FLOUR {WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID}, MALTED BARLEY FLOUR], WATER, PALM OIL, SUGAR, EGGS [WHOLE EGGS, NISIN PREPARATION {AS A PRESERVATIVE}], NONFAT DRY MILK, VITAL WHEAT GLUTEN, DOUGH CONDITIONER [ENRICHED WHEAT FLOUR {FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID}], DATEM, CANOLA OIL, DEXTROSE, ASCORBIC ACID, L - CYSTEINE, ENZYME], SALT, YEAST, XANTHAN GUM, CALCIUM PROPIONATE [A MOLD INHIBITOR]), **SEASONED COOKED PORK** (PORK, WATER, SPICES, SALT, SODIUM PHOSPHATE, CULTURED DEXTROSE, MALTODEXTRIN), **BIRRIA SAUCE** (WATER, CANOLA OIL, TOMATO PASTE [TOMATO PASTE, CITRIC ACID], SPICES, FOOD STARCH-MODIFIED, YEAST EXTRACT), **PASTEURIZED PROCESS WHITE AMERICAN CHEESE** ([MILK, CHEESE CULTURES, SALT, ENZYMES], WATER, CREAM, SODIUM PHOSPHATE, SALT, COLOR ADDED). **CONTAINS: EGG, MILK, WHEAT.**